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#### Festa Nacional da Tainha

June and July, the National Mullet Festival is held on the islands of the municipality. In addition to the sale of the traditional stuffed, roasted and fried mullet, there are rowing and motor cance races, as well as nationally recognized artistic shows open to the public.

## **Fishing**

With so much water, sea and nature around, Paranaguá can only be a preferred destination for sport fishing enthusiasts. Come and discover the immense variety of fish that inhabit our calm waters.



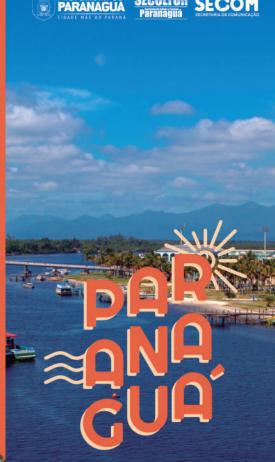
#### Adventure

But if you are looking for more excitement, adventure tourism is also present. Paranaguá offers a huge range of activities, such as mountaineering, mountain biking, waterfall rappelling, canyoning, canoeing, diving, hang-gliding, paragliding, skydiving and ultralight flying. Enjoy the scenery and have fun.

### **Ecotourism**

Paranaguá invites you to ecotourism. Blending sustainability and the typical caiçara culture of the region, the city offers a series of nature-related activities, from hiking trails to diving, from homemade gastronomy to visiting the fishing communities of Prainha do Ubá, São Miguel, Piaçaguera, Eufrasina, Ilha dos Valadares, Quintilha and Ilha do Mel.







Paranaguá is rich in **natural beauty, culture and history.** 



# Paraná was born here

The impressive bay of Paranaguá has been attracting visitors for a long time. Long before the first white men disembarked here, the region was already explored by the Carijós, who found in the safety of its calm waters and exuberant nature the sustenance of their tribes.

This potential soon attracted the Portuguese, who established an important colony port here. So much so that in 1648, Paranaguá became the first municipality of Paraná. And it was from its narrow streets and colonial buildings that Paraná began to take shape.

This history, along with the beauty of its islands, such as Ilha do Mel, typical cuisine, and numerous aquatic and ecotourism activities, make Paranaguá a must-see destination.

# So welcome to the mother city of Paraná.





# 375 years of history and beauty

Founded on July 29th, 1648, Paranaguá is one of the main tourist attractions in the region. Located just over 100km from the capital, the arrival alone is worth the trip. Especially if you take one of the Litorinas that cover the railroad built over 100 years ago or the historic Estrada da Graciosa, which winds through the Serra do Mar through the Atlantic Forest.

In the historic center, next to the wharf, the typical Portuguese colonial architecture brings the proud past to life, spreading from the Praia street to the Municipal Market, to its centuries-old churches, the Rachel Costa Theater, and the Dom Pedro II Port





### **Dom Pedro II Port**

The largest bulk port in Latin America and one of the most important in the world. The old dock of the city was officially inaugurated on March 17th, 1935.

### **Nautical**

How about a boat trip? In Paranaguá, nautical tourism is practiced in river and sea waters, with specific programs involving tours, excursions, fishing, research, and regattas.

With a warm climate, extensive environmental conservation area, good maritime conditions, and a bay of 677,000 km², Paranaguá offers the safety that tourists seek.



### Gastronomic

Come and discover Barreado, the typical dish of Paraná, a slowly cooked meat in a clay pot for 20 hours, served with rice, banana, and tapioca flour. Or be enchanted by all the richness of colors and flavors of fresh fish and seafood, freshly caught in our waters. You will fall in love.

### Joy all year round

Like any seaside town, Paranaguá has the peak of tourism in the summer. But throughout the year, different festivals and celebrations invite you to visit, such as the Festival of the Patron Saint, the National Festival of Tainha and Crab.



